Lord Rayleigh: A Scientific Life

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John William Strutt, also known as Lord Rayleigh, is well recognized as a pioneer in light scattering and other areas of optics. But he was also a master of iterative mathematical techniques for solving complex physical problems.

Lord Rayleigh lived across two distinct periods in the history of physics—the classical period, which includes mechanics, thermodynamics, the ether and Maxwell’s equations, and early modern physics, which is based on Einstein’s relativity theory and quantum mechanics. His life overlapped with Roentgen’s discovery of X-rays, Becquerel’s discovery of natural radioactivity, J.J. Thompson’s discovery of the electron, Rutherford’s discovery of the nucleus, and the Bohr model of atoms.

Many school children have heard Rayleigh’s explanation of the blue sky—which states that particles in the air that are much smaller than the wavelength of visible light scatter more blue light than longer wavelengths. (This famous theory is actually incorrect; modern theories attribute the physical basis of the light scattering to density fluctuations in the air.) By contrast, few people are aware of Rayleigh’s contributions to mathematical physics and the foundations of early modern physics. Rayleigh had a much broader impact on the physical sciences than many people realize.

Education and early career

John William Strutt, Lord Rayleigh’s eldest son, was born November 12, 1842, in Essex, England; he was born into a barony that began in 1821, when King George IV was crowned. He is one of only a few members of high nobility who eventually went on to become great scientists. As a boy, however, his education was hampered due to his poor health. After only one semester at Eton, which he entered at age 10, he withdrew because he had contracted whooping cough. He then spent four years at a small boarding school, where he was an unremarkable student. Nevertheless, in 1861, when Rayleigh was 19, he became a student at Trinity College in Cambridge, an esteemed institution that had such illustrious alumni as Bacon, Newton and Cavendish.
At Cambridge University, students could test their mathematical abilities by taking part in a university-wide rigorous competition called the Mathematical Tripos, which consisted of a set of increasingly difficult problems in mathematics applied to physical models. Rayleigh was tutored for a long time in preparation for the competition, and his work paid off. In 1865, he was announced as “Senior Wrangler”—the highest recognition given for the contest, and one that neither Maxwell nor Lord Kelvin had attained in their day. (Both were only “Second Wranglers.”) At the same time, Rayleigh submitted a paper that earned him the Smith’s Prize in natural science at Cambridge.

In 1866, Rayleigh became a Fellow at Trinity College. However, he was forced to resign this position in 1871 when he married, because the Fellowships were only for bachelors. Shortly after he wed, he became afflicted with rheumatic fever. The prescribed cure included a trip up the Nile in a chartered boat. It was on that trip that Rayleigh worked on his seminal book *The Theory of Sound*.

Rayleigh returned from a trip to the United States in 1868. At that point, he purchased equipment with which he performed experiments at his father’s country estate, Terling Place, Essex. Rayleigh’s first experiments were on the action of alternating currents on a galvanometer. Then he began to investigate color vision and the frequencies of resonators; the latter work was initiated after he read Helmholtz’s book *On the Sensations of Tone*, which was published in 1863.

When his father died in 1873, he took the family title: Baron Rayleigh. After he inherited the estate, the mansion became his home. He developed his home laboratory, where he performed additional experiments in acoustics, specifically on the theory of acoustic resonators and experiments on optics. From 1871 to 1879, he worked on the diffraction of light and the theory of the resolving power of lenses and diffraction gratings.

At that time, there were no physical laboratories in the British universities. Although we associate the names of Newton, Young, Davy and Faraday with British experimental physics, the experiments of these men were not carried out in the university. It wasn’t until 1871 that Cambridge University established a professorship in experimental physics.

Of great importance for the later development of experimental physics was the founding of the Cavendish Laboratory at Cambridge University and the creation of the Cavendish Professorship for Experimental Physics. In 1873, the Cavendish Laboratory was inaugurated with James Clerk Maxwell as the first Cavendish Professor. Earlier teaching laboratories were established in both Oxford and London, and Cambridge University followed their lead. William Cavendish, who was then the Chancellor of Cambridge University, provided the funds for the laboratory and the named professorship.

When Maxwell died in 1879, Rayleigh replaced him, for a period of five years, as the Cavendish Professor; this was Rayleigh’s only full-time position with a salary, since he was a very wealthy man. Under his direction, two laboratory demonstrators developed experimental courses on heat, electricity and magnetism, optics, acoustics and the properties of matter. Furthermore, he introduced some other innovations: All classes and scientific demonstrations were open to women students of the university, and he introduced the afternoon tea to stimulate communication between researchers.

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In 1877, Rayleigh published his seminal two-volume work, *The Theory of Sound*—a masterful treatise on acoustics that develops the mathematical physics of wave propagation and vibration.

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Scientific achievements

Rayleigh’s scientific works reflect his broad scientific interests. His early research was on the applied mathematical analysis of optics and vibrating systems. Later, he expanded his scope to include sound and wave theory, color vision, electrodynamics, electromagnetism, light scattering, hydrodynamics, viscosity, the density of gases (which led to his co-discovery of argon), capillarity, elasticity and photography. He was a prolific scientist who published 446 papers. Rayleigh was able to apply similar mathematical tools to complex problems in a variety of fields—from acoustics to electricity to optics. To follow is a summary of some of his contributions.

Rayleigh scattering and dimensional analysis

Rayleigh used “dimensional analysis” in his work. This technique is also called the “method of dimensions,” the “method of similarity,” or the “principle of similitude.” He preferred the latter term. This method was not original to Rayleigh, and it was subsequently developed by Edgar Buckingham and Percy Bridgman. Rayleigh published a paper in which he used dimensional analysis to show that the intensity of light in the sky, if scattered from particles much smaller than the wavelength of incident light, should vary as $\lambda^{-4}$. Therefore, blue light should be scattered 16 times more than red light; this explained the blue sky.

In Rayleigh’s paper, “On the Light from the Sky, Its Polarization and Colour,” he obtained the inverse fourth power dependence of the ratio of the scattered-to-incidence illumination on wavelength by balancing the exponents on both sides of a scattering equation.

In his papers on light scattering from small particles (1871), his equations used Cartesian coordinates; thus, he wrote separate equations for the $x$, $y$ and $z$ coordinates. (Vector equations were unknown at that time.)

Rayleigh returned to this scattering problem several times and, in 1899, he derived the expression for the incident wavelength, the intensity and degree of polarization of the scattered light as a function of wavelength, angle and refractive index of the scattering particles. In his second paper on light scattering, which was published in 1871, Rayleigh posited that the molecules comprising the air are the scattering objects in the sky.

Later, in 1908, the Rayleigh formula was extended by Gustav Mie to account for the physical situation in which the scattering particles are of the same order of magnitude as the incident wavelength. For monochromatic light, the wavelength is not changed from the incident light wavelength, and Rayleigh’s…

Experimental Studies of Molecular Dimensions

How large is a molecule? In 1774, Benjamin Franklin described the spontaneous spreading of a given volume of oil (about 2 cm$^3$) on the surface of water and measured the area—about one-half acre—to which it would expand. In 1890, Rayleigh repeated the experiment, but this time he calculated the thickness of the surface of the oil—something Franklin never did.

Rayleigh was inspired by the experiments of Thomas Young, the first professor at the Royal Institution. He studied his published lectures in preparation for his own. Rayleigh was interested in Young’s research on surface tension and his calculation of the size of water molecules based on measurements of the surface tension of water. In a paper Rayleigh published in 1890, he calculated the oil film thickness to be $16 \times 10^{-8}$ cm. This may be the first experimental measurement of molecular dimensions.

Rayleigh’s work stimulated that of another promising scientist—Agnes Pockels. Although she lacked formal training in science, this astonishing woman was working in her kitchen at the age of 20 to construct a device with which she could make surface-film measurements more precise. Pockels, who lived in Brunswick, Germany, had read Rayleigh’s paper on the thickness of a very thin film of oil spread on water.

She wrote to Rayleigh to describe her apparatus, which she felt was superior to his technique. Rayleigh generously sent her letter, translated into English, to the journal Nature, which promptly published it. Previously, Pockels had developed a method of clearing the surface of the water of contaminants before a solution of a substance in a solvent is spread on it; the technique is still used in surface chemistry today. This invention allowed her to make highly precise measurements of surface thickness and tension.

In 1892, Pockels calculated the oil film thickness of oil spread on water as $13 \times 10^{-8}$ cm. In 1917, Langmuir made the exact same calculation—which is a testimony to the precision and accuracy of her work, given that Langmuir had the benefit of using Avogadro’s number. One of the apparatuses that is currently used in surface chemistry, called the Langmuir-Blodgett trough, is similar in design to that of Pockels.

Pockels published 14 papers over 35 years. She investigated the surface tension of surface films at the air-water interface, and the interfacial tension between water and immiscible liquids. In 1932, in honor of her 70th birthday, the colloid chemist Wolfgang Ostwald (son of the Nobel laureate Wilhelm Ostwald) wrote a comprehensive review of her experimental studies and publications in Kolloid-Zeitschrift. Pockels was also awarded an honorary doctorate degree from the Carolina-Wilhelmina University in Braunschweig.
Rayleigh’s Work in Early Modern Physics

Rayleigh lived during a time when classical physics was tested by new discoveries: X-rays, natural radioactivity, the electron. Novel theories were also introduced, including relativity, the quantum of energy and the theory of atoms. He therefore had plenty of opportunities to solve problems, and he usually took a mathematical approach. After all, even though Rayleigh worked in physics, his degree was in mathematics.

Rayleigh liked to simplify a physical situation and then generalize the solution he obtained in higher order terms. Rayleigh used these approximation or perturbation techniques that were originally developed earlier by mathematicians to solve problems in astronomy. Complex physical applications could be attacked as a perturbation of simpler models. In other words, Rayleigh sought approximate solutions for problems that did not have exact solutions by working with related models that did have exact solutions. Others expanded on these problem-solving methods.

The Rayleigh-Jeans law of black-body radiation correctly gave the frequency distribution of long wavelength black-body radiation but failed at short wavelengths. At the same time, Wien derived an empirical law of black-body radiation that fit the experimental data at short wavelengths but not long ones. Planck tried to reconcile the empirical relations with the experimental frequency distribution that resulted in his correct theoretical formulation based on the quantum hypothesis of energy.

Many of the foundations of wave mechanics are based on the analyses and equations that Rayleigh derived for the theory of acoustics in his book *The Theory of Sound*. Erwin Schrödinger, a pioneer in quantum mechanics, studied this book and was familiar with the perturbation methods it describes. He built on Rayleigh’s work to develop the Schrödinger-Rayleigh perturbation method. Others developed the Rayleigh-Ritz approximation (the variational principle) and the Wentzel-Kramers-Brillouin (WKB method) of perturbation theory; the latter is actually a variation by Wentzel of a technique proposed by Rayleigh in 1912 and earlier by Carlini (1817), Liouville (1837) and Green (1837).

Resolving power of a microscope

Rayleigh made seminal contributions to theoretically defining the resolving power of gratings, prisms, telescopes and microscopes. In his 1896 publication on the theory of optical images applied to microscopes, Rayleigh cited a paper of Helmholtz’s (1874) that is based on an analogous method to that used for telescopes. Helmholtz concluded that the smallest resolvable distance, ε, of two point objects is

\[ \varepsilon = \frac{1}{2} \frac{\lambda}{\sin \alpha}, \]

where \( \alpha \) is the divergence angle of the extreme ray (the semi-angular aperture). He cites the work of Abbe as defining the “numerical aperture” as \( \mu \sin \alpha \) where \( \mu \) is the refractive index of the medium in which the object is situated.

Rayleigh stated that this limit can only be depressed by using incident light of shorter wavelengths (e.g., that provided by an ultraviolet or electron microscope) or by increasing the refractive index of the medium in which the object is situated. He stated that, for two point sources of light (i.e., stars), the light is incoherent, and the intensities of the two lights can be added. But, for the case of the microscope, there are permanent phase relations between two overlapping lights; thus, a different analysis is required.

Abbe did not treat objects as point illuminations, but rather as a grating illuminated with plane waves. Rayleigh proceeded to develop the diffraction theory of light by a lens of finite aperture based on the use of Fourier’s theorem; the results are consistent with those of Abbe.

Theory of optical image formation in the microscope

Microscopic resolution was first approached by Fraunhofer, and then formulated by Abbe and Helmholtz. In his 1893 paper on the theory of optical images, with special reference to the microscope, Rayleigh first discussed the visibility of a star with a telescope. He noted that the points of light of stars...
subtend no sensible angle. Thus, visibility is only a question of brightness and has nothing to do with resolution!

Resolution is only important in distinguishing a double star or details on the surface of planets. Rayleigh discussed the similar situation of a bright line; if a line is bright enough, it will be visible no matter how narrow. However, its width will be illusionary, depending on the resolution of the optical device. Notably, Rayleigh correctly stated that it may vary with the character of the detail of the object (e.g., points, lines, planes).

**Colors of the sea and sky**

In a 1910 publication, Rayleigh stated that the dark blue color of the deep sea had nothing to do with the color of the sea. Instead, he believed it was simply the blue of the sky seen by reflection. Not a single equation appeared in these papers. Of course, C.V. Raman disagreed, and Raman's work eventually resulted in his discovery of the Raman effect and a Nobel Prize (see Opt. Photon. News 20, 40-5, March 2009).

**The optical character of brilliant animal colors**

In his 1919 paper, Rayleigh reported having been struck by the brilliant colors displayed by birds, butterflies and beetles. He noted that these organisms exhibit a metal-like luster, even though they are composed of non-metallic substances. In an example of his great physical insight, Rayleigh posited that periodic structures below the resolution of the light microscope may be responsible for the metal-like appearance of these organisms. (To learn more about optical filters in nature, check out Opt. Photon. News 20, 22-7, Feb. 2009).

**Zone plates**

Zone plates are based on diffraction—in contrast to lenses, which are based on refraction. The resolving power of a zone plate is a function of the number of zones in the plate. Rayleigh suggested an improvement in the design of these plates. Instead of blocking every other zone, one could shift the phase of alternate zones by 180 degrees. This is called a phase-reversal zone plate; it would more efficiently utilize the incident light. R.W. Wood was the first to construct such zone plates.

**Honors and late life**

Rayleigh was widely recognized for his scientific eminence; he achieved the highest scientific honors in Britain and the world. He was intimately associated with the Royal Society of London in the capacity of fellow, secretary and president. He also received the Copley Medal and the Rumford Medal from the Royal Society. He served as Chancellor of Cambridge University and a Privy Councillor. In addition, he received the Order of Merit (conferred by King Edward VII in 1902), the Nobel Prize in Physics, and honorary degrees from many universities as well as honorary membership in many national academies of science worldwide.

Rayleigh was 77 when he died from a heart attack on June 30, 1919. He continued to work until the end of his life. In fact, five days before he died, he dictated a scientific paper to his wife. In the 50 years of Rayleigh’s scientific career, he published many papers that are available as six volumes of Rayleigh’s Collected Scientific Papers.

Rayleigh was buried in the churchyard of the family estate at Terling. In Westminster Abbey, a memorial for Rayleigh is located close to that for Thomas Young—a fitting juxtaposition that suggests their affinity for one another in life. Sir J.J. Thompson, Rayleigh’s successor as Cavendish Professor at Cambridge and professor of natural philosophy at the Royal Institution, spoke these words at the ceremony to honor Rayleigh in Westminster Abbey: “There are some great men of science whose charm consists in having said the first word on a subject, in having introduced some new idea which has proved fruitful; there are others whose charm consists perhaps in having said the last word on a subject, and who reduced the subject to logical consistency and clearness. I think, by temperament, Lord Rayleigh really belonged to the second group.”

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**[References and Resources]**